HOW CAN I PREVENT INFECTION?

- Wash hands with soap and water before eating or preparing food and after using the bathroom or changing a diaper.
- Properly dispose of diapers in a closed-lid garbage can.
- Use a disinfectant to clean changing stations after changing diapers.
- Supervise young children’s handwashing after they use the toilet.
- Do not allow an infected person to work in daycare settings, patient care, or food-handling.
- Do not provide water-play areas at daycare centers.
- Provide an adequate number of bathrooms and wash stations, especially at beaches and pools. Make sure that soap is available.
- Avoid swallowing water when you are in untreated waters such as ponds, lakes, and wading pools.
- When traveling abroad, drink only treated or boiled water and eat only hot, cooked food or fruit you have peeled yourself.

WHAT IS SHIGELLOSIS?

Shigellosis is an acute infection caused by a group of bacteria called *Shigella*.

WHAT ARE THE SYMPTOMS?

- Fever
- Diarrhea (often bloody)
- Stomach cramps
- Nausea

HOW IS IT SPREAD?

- Having contact with an infected person or their stool
- Participating in certain types of sexual activity
- Swimming in or drinking water contaminated by an infected person or by sewage runoff
- Eating food contaminated by an infected food handler who does not properly wash their hands
- Eating produce harvested from a field that contains sewage
- Eating food contaminated by flies that breed in infected feces

HOW CAN I GET MORE INFORMATION?

Call the DeKalb County Board of Health at (404) 508-7851 or visit our website at www.dekalbhealth.net.

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**Number of Shigellosis Cases by Race, DeKalb County, 2004-2013**

**Percentage of Shigellosis Cases by Age, DeKalb County, 2004-2013**